



## Example Leadership Books for Professional Development / Topic Discussions

Leadership Books		
Title	Author	Summary
Crucial conversations	Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler	The first edition of <i>Crucial Conversations</i> teaches skills for communicating when the stakes are high, opinions vary, and emotions run strong, the new edition gives you the tools to: <ul style="list-style-type: none"> <li>• Prepare for high-stakes situations</li> <li>• Transform anger and hurt feelings into powerful dialogue</li> <li>• Make it safe to talk about almost anything</li> <li>• Be persuasive, not abrasive</li> </ul>
Crucial Accountability	Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler, David Maxfield	In this book you'll learn how to: <ul style="list-style-type: none"> <li>• Hold anyone accountable</li> <li>• Master performance discussions</li> <li>• Get results</li> </ul>
Emotional Intelligence 2.0	Travis Bradberry, Jean Greaves	<i>Emotional Intelligence 2.0</i> delivers a step-by-step program for increasing your emotional intelligence (EQ) via four, core EQ skills that enable you to achieve your fullest potential: <ul style="list-style-type: none"> <li>• Self-Awareness</li> <li>• Self-Management</li> <li>• Social Awareness</li> <li>• Relationship Management</li> </ul>
The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change	Stephen Covey	This 7 Habits book provides a framework for personal effectiveness and guides you through each habit step-by-step: <ul style="list-style-type: none"> <li>• Habit 1: Be Proactive</li> <li>• Habit 2: Begin With The End In Mind</li> <li>• Habit 3: Put First Things First</li> <li>• Habit 4: Think Win-Win</li> <li>• Habit 5: Seek First To Understand Then Be Understood</li> <li>• Habit 6: Synergize</li> <li>• Habit 7: Sharpen The Saw</li> </ul>
The Five Dysfunctions of a Team	Patrick Lencioni	Lencioni reveals the five dysfunctions which go to the very heart of why teams -- even the best ones -- often struggle. The author outlines a powerful model and actionable steps that can be used to overcome these common hurdles and build a cohesive, effective team. The five dysfunctions of a team include: <ul style="list-style-type: none"> <li>• Absence of trust</li> <li>• Fear of conflict</li> <li>• Lack of commitment</li> <li>• Avoidance of team accountability</li> <li>• Inattention to team objectives</li> </ul>

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360 Degree Leader	John Maxwell	<p>This book shows middle managers how to:</p> <ul style="list-style-type: none"> <li>• Leverage their unique positions and become 360 degree leaders by exercising influence in all directions--up (to the boss), across (among their peers), and down (to those they lead)</li> <li>• Overcome the challenges facing the vast majority of professionals, including the pressures and pain points that come from being caught in the middle</li> </ul>
The Tipping Point: How Little Things Can Make a Big Difference	Malcom Gladwell	Malcolm Gladwell examines why major changes in society suddenly and unexpectedly occur and social epidemics that reach critical mass which leads to “the tipping point.”
The One Minute Manager	Ken Blanchard, Spencer Johnson	<p>This book tells a story, recounting three techniques of an effective manager, each takes only a minute but has a lasting benefit:</p> <ul style="list-style-type: none"> <li>• One-minute goals</li> <li>• One-minute praising</li> <li>• One-minute reprimands</li> </ul>
Power of Positive Leadership	Jon Gordon	The Power of Positive Leadership helps you become the person you want to be, and the leader your people need. Find the right people, invest in them, nurture them, and develop them with the idea that as they grow, the leader will grow with them.
Good to Great	Jim Collins	<p>The findings of the Good to Great study will surprise many readers and shed light on virtually every area of management strategy and practice. The findings include:</p> <ul style="list-style-type: none"> <li>• Level 5 Leaders: The research team was shocked to discover the type of leadership required to achieve greatness.</li> <li>• The Hedgehog Concept: (Simplicity within the Three Circles): To go from good to great requires transcending the curse of competence.</li> <li>• A Culture of Discipline: When you combine a culture of discipline with an ethic of entrepreneurship, you get the magical alchemy of great results. Technology Accelerators: Good-to-great companies think differently about the role of technology.</li> <li>• The Flywheel and the Doom Loop: Those who launch radical change programs and wrenching restructurings will almost certainly fail to make the leap.</li> </ul>
The First 90 Days	Michael Watkins	The First 90 Days, by Michael D. Watkins, offers proven strategies for conquering the challenges of transitions—no matter where you are in your career. Watkins, a noted expert on leadership transitions and adviser to senior leaders in all types of organizations, also addresses today’s increasingly demanding professional landscape, where managers face not only more frequent transitions but also steeper expectations once they step into their new jobs.
Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead	Brené Brown	<p>From thought leader Brené Brown, a transformative new vision for the way we lead, love, work, parent, and educate that teaches us the power of vulnerability. Key findings include:</p> <ul style="list-style-type: none"> <li>• Understanding vulnerability</li> <li>• Understanding and managing shame</li> <li>• Removing the armor and vulnerability shields</li> <li>• Closing the gap between aspired values and practice values</li> </ul>

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**New Practitioners  
Forum**

Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.	Brené Brown	Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead.
The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy	Jon Gordon	<i>The Energy Bus</i> , an international best seller by Jon Gordon, takes readers on an enlightening and inspiring ride that reveals 10 secrets for approaching life and work with the kind of positive, forward thinking that leads to true accomplishment at work and at home.
Never Split the Difference: Negotiating as if Your Life Depended on It	Chris Voss	A former international hostage negotiator for the FBI offers a new field-tested approach to high-stakes negotiations - whether in the boardroom or at home.
Made to Stick: Why Some Ideas Survive and Others Die	Chip Heath, Dan Heath	In <i>Made to Stick</i> , accomplished educators and idea collectors Chip and Dan Heath tackle head-on these vexing questions. Inside, the brothers Heath reveal the anatomy of ideas that stick and explain ways to make ideas stickier, such as applying the "human scale principle", using the "Velcro Theory of Memory", and creating "curiosity gaps".
The Leadership Challenge, 6th Edition: How to Make Extraordinary Things Happen in Organizations	James M. Kouzes and Barry Z. Posner	This book highlights the differences between good and great, and shows you how to bridge the chasm between getting things done and making things happen. <ul style="list-style-type: none"> <li>● Gain deep insight into leadership's critical role in organizational health</li> <li>● Navigate the shift toward team-oriented work relationships</li> <li>● Motivate and inspire to break through the pervasive new cynicism</li> <li>● Leverage the electronic global village to deliver better results</li> </ul>
The 15 Commitments of Conscious Leadership: A New Paradigm for Sustainable Success	Jim Dethmer, Diana Chapman, Kaley Warner Klemp	The 15 commitments is a practical leadership guide designed to help leaders become more conscious, take personal responsibility, and lead others in a win-win model. Leaders who practice the 15 commitments: <ul style="list-style-type: none"> <li>● End blame and criticism</li> <li>● Speak candidly, openly and honestly, in a way that invites others to do the same</li> <li>● Find their unique genius</li> <li>● Let go of taking everything—especially themselves and their problems—so seriously</li> <li>● Create win for all solutions</li> </ul>

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### Example Self-Assessment Tools for Professional Development / Topic Discussions

Personality Tests			
Title	Summary	Link	Access
Myers-Briggs	The <i>Myers-Briggs</i> Type Indicator (MBTI) is an introspective self-report questionnaire indicating differing psychological preferences in how people perceive the world and make decisions.	<a href="https://www.mbtionline.com/en-US">https://www.mbtionline.com/en-US</a>	Free
Equilibria (E-Colors)	The Personality Diversity Indicator (PDI) is designed to help individuals learn about their behaviors in order to improve communication skills, build better relationships, and work more efficiently.	<a href="https://www.equilibria.com/PDI-home">https://www.equilibria.com/PDI-home</a>	Free
DISC Assessment	<i>DISC</i> (Dominance, Influence, Steadiness, Conscientious) is a behavior assessment tool based on the <i>DISC</i> theory of psychologist William Moulton Marston, which centers on four different personality traits which are currently Dominance (D), Influence (I), Steadiness (S), and Conscientiousness (C)	<a href="https://discpersonalitytesting.com/free-disc-test/">https://discpersonalitytesting.com/free-disc-test/</a>	Free
The Color Code	The Color Code Personality Profile also known as The Color Code or The People Code, created by Dr. Taylor Hartman, divides personalities into four colors: Red, Blue, White, and Yellow.	<a href="https://www.colorcode.com/choose_personality_test/">https://www.colorcode.com/choose_personality_test/</a>	Free

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Implicit Association Test	The implicit-association test (IAT) is a measure within social psychology designed to detect the strength of a person's subconscious association between mental representations of objects (concepts) in memory.	<a href="https://implicit.harvard.edu/implicit/takeatest.html">https://implicit.harvard.edu/implicit/takeatest.html</a>	Free
Enneagram	The enneagram personality test determines your "match" in varying capacities to 9 different personality types.	<a href="https://www.truity.com/">https://www.truity.com/</a>	Free
The Birkman Method	The Birkman method is designed to assess an individual's personality and identifies their usual behavior, interests, needs and stress behaviors.	<a href="https://birkman.com/the-birkman-method/">https://birkman.com/the-birkman-method/</a>	\$

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