

Stay Updated on Best Practices Literature

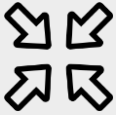


Get motivated

Use your lifelong learning desire as an internal motivation to stay updated. Use your employment position, your professional involvement, and your precepting privileges as external motivation.

Specialize your practice

The art of specializing can help narrow down what literature topics you should prioritize.



Go to the source

Be selective of your source material. When in doubt, refer to primary literature and peer-reviewed content. If you need help, ask a medical librarian for tips and tricks.

Filter your resources

Personalize and tailor your subscriptions. Add push notifications to alert you to new material.



Tap into your network

Attend live CE presentations, seminars, webinars, and professional conferences. Share best practices with your colleagues, co-workers, and interprofessional care team members.

Be selective of your network

Surround yourself with positive and motivated colleagues, who may encourage staying updated and foster best practices.



Take charge

Organize an e-mail newsletter, journal club, or monthly round-up at your institution to continue to stay updated.

Keep it organized

Once you have collected your best practices literature, take time to strategize how you will file and store these resources for easy and convenient reference.



Where to start?

Direct your learning objectives towards your current rotations, patients, work projects, or precepting activities.



Information overload?

Consider organizing and prioritizing your best practices literature by following trends within your professional practice.



No time?

Reserve dedicated time on a scheduled basis to read and review best practices literature.