

Get Your CE IN THE MIDDAY

A Midday Symposium and Live Webinar conducted at the 2018 Midyear Clinical Meeting and Exhibition

Evolving Role of Immunotherapy in Cancer Treatment

Tuesday, December 4, 2018 11:30 a.m. – 1:00 p.m.

Anaheim, California



Agenda

11:30 a.m. – 11:35 a.m.

Welcome and Introductions
Christine Walko, Pharm.D., Activity Chair

11:35 a.m. – 11:50 a.m.

Current Immune Checkpoint Inhibitors and Mechanism of Action in Cancer Therapy

Christine Walko, Pharm.D.

11:50 a.m. – 12:10 p.m. Evolving Biomarkers and Companion Diagnostic Testing Christine Walko, Pharm.D.

12:10 p.m. – 12:35 p.m.

Patient Case-Initiating and Monitoring Immune Checkpoint Inhibitors
Ragini Kudchadkar, M.D.

12:35 p.m. – 12:50 p.m. Immuno-oncology Toxicity Recognition and Management Ragini Kudchadkar, M.D.

12:50 p.m. – 1:00 p.m. Faculty Discussion and Audience Questions



Provided by ASHP Supported by an educational grant from Merck

CE IN THE MIDDAY

Evolving Role of Immunotherapy in Cancer Treatment

Christine M. Walko, Pharm.D., BCOP, FCCP, Activity Chair

Personalized Medicine Specialist, H. Lee Moffitt Cancer Center Associate Professor, University of South Florida Morsani College of Medicine Tampa, Florida

Ragini R. Kudchadkar, M.D.

Associate Professor of Hematology and Medical Oncology Winship Cancer Institute, Emory University Atlanta, Georgia



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Christine M. Walko, Pharm.D., BCOP, FCCP

 Bristol-Myers Squibb and Merck: Honoraria received for participation in the Institute for Clinical Immuno-Oncology's Melanoma Board

Ragini R. Kudchadkar, M.D.

- Array, Immunocore, Bristol-Myers Squibb: Advisory Board member
- Merck: Research funding received

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Learning Objectives

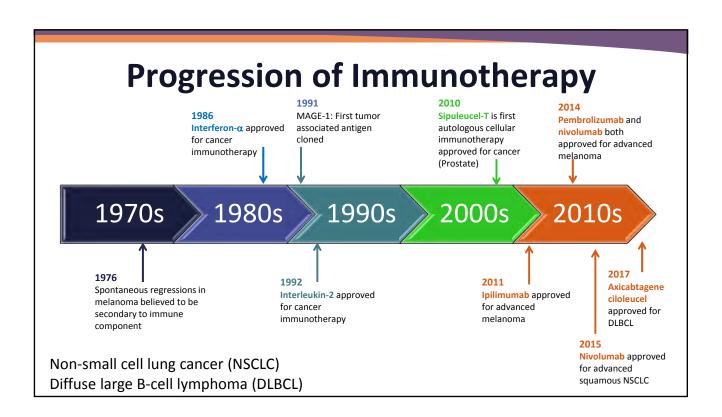
- Identify the components of the human immune system and explain the mechanisms of action for using immune checkpoint inhibitors in cancer treatment.
- Examine the role of different companion diagnostic tests and interpret PD-L1 test results as they relate to selection of immune checkpoint inhibitor therapy.
- Analyze appropriate guidelines to guide management of common and less common immune related adverse effects from immune checkpoint inhibitors use.
- Formulate appropriate monitoring and management strategies for patients receiving immune checkpoint inhibitors.

On average how many cancer patients being treated with immunotherapies do you provide care to each month?

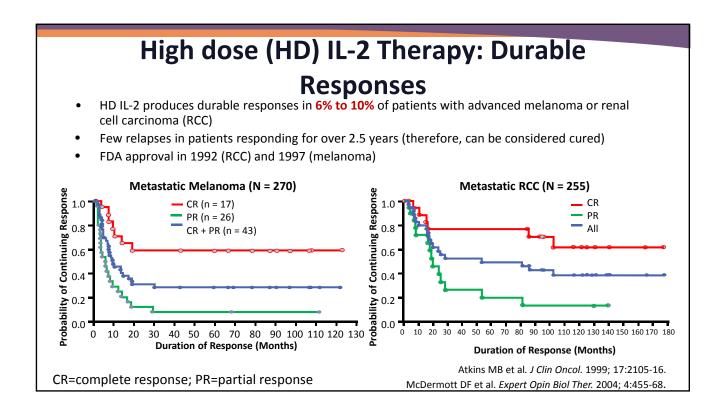
- a. None-I am not directly involved in patient care
- b. 1-10 patients/month
- c. 11-30 patients/month
- d. 31-50 patients/month
- e. More than 50 patients/month

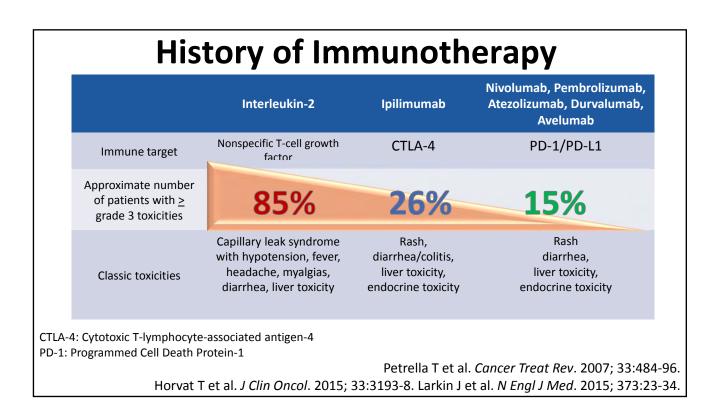
Current Immune Checkpoint Inhibitors and Mechanism of Action in Cancer Therapy

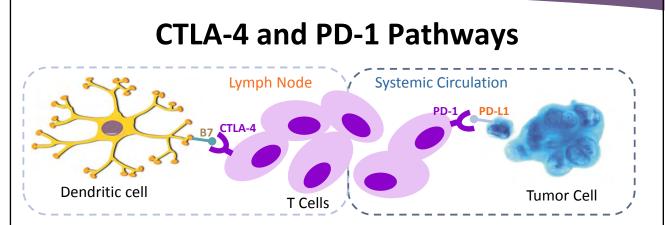
Christine M. Walko, Pharm.D., BCOP, FCCP



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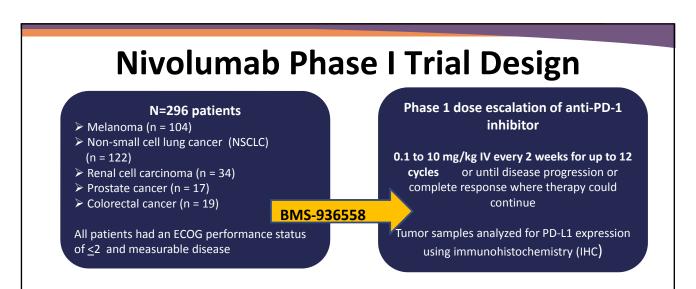






- Ipilimumab: inhibits CTLA-4 on T-cells
- Pembrolizumab and nivolumab: inhibit PD-1 on T-cells, preventing binding to PD-L1 on tumor cells
- Atezolizumab, durvalumab, avelumab: inhibits PD-L1 on the tumor cell
- Ultimately, prevents immune system downregulation

http://cliparts.co/animal-cell-clip-art. Ribas A. N Engl J Med. 2012; 366:2517-9.



- Cohorts of 3-6 patients enrolled in each cohort
 - 0.1, 0.3, 1.0, 3.0, and 10 mg/kg
- Expansion groups enrolled after no maximum tolerated dose was found

ECOG=Eastern Cooperative Oncology Group Topalian S et al.

Topalian S et al. N Engl J Med. 2012; 366:2443-54.

Summary of Results

- Antitumor activity was seen at all dose levels
- Objective response rate (complete or partial)
 - 28% in melanoma
 - 27% in renal cell carcinoma
 - 18% in NSCLC

MSI: Microsatellite Instability

- 65% of the responses were durable for 1 year or more in patients with >1 year follow up
- IHC staining for PD-1L predicted response rate
 - 0 of 17 responses in PD-1L negative tumors
 - 9 of 25 responses in PD-1L positive tumors

Topalian S et al. N Engl J Med. 2012; 366:2443-54.

FDA-Approved PD-1 Inhibitors

	PD-1 Inhibitors		Combination Therapy		
	Nivolumab	Pembrolizumab	Ipilimumab and Nivolumab	Pembrolizumab and Carboplatin/Pemetrexed	
Cervical cancer		Х			
Classical Hodgkin Lymphoma	X	X			
Head and neck cancer	Х	X			
Hepatocellular carcinoma	Х				
Gastric cancer		Х			
Melanoma	X	Х	x		
MSI-high colon cancer	Х				
MSI-high cancers		Х			
Non-small cell lung cancer	х	Х		Х	
Primary Mediastinal Large B-cell Lymphoma					
Renal cell carcinoma	х		х		
Urothelial carcinoma	х	Х			
I: Microsatellite Instability Slide updated as of 10/10/20			ated as of 10/10/20		

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FDA-Approved PD-L1 Inhibitors

	PD-L1 Inhibitors		
	Atezolizumab	Durvalumab	Avelumab
Merkel cell carcinoma			Х
Non-small cell lung cancer	Х	X	
Urothelial carcinoma	Х	X	X

Slide updated as of 10/10/2018

Continued Progression of Immunotherapy:

- Adjuvant therapy approvals:
 - Ipilimumab and nivolumab approved for adjuvant therapy of cutaneous melanoma following complete resection
 - Durvalumab approved for unresectable stage III NSCLC
- Novel agents:
 - Talimogene laherparepvec ("T-VEC") approved for local treatment of unresectable cutaneous, subcutaneous, and nodal lesions in patients with melanoma recurrent after initial surgery
 - Chimeric antigen receptor T cell therapy (CAR-T)
- Pembrolizumab in combination with pemetrexed and carboplatin for firstline treatment of non-squamous NSCLC
- Approvals for novel indications and rare malignancies

Sheng J et al. J Clin Pharmacol. 2017; 57(Suppl 10):S26-S42.

Case Presentation 1: LR

- LR is a 64-year-old female who began experiencing a persistent cough with intermittent hemoptysis
 - Chest CT showed a right upper lobe (RUL) lung lesion and masses involving the liver and right adrenal gland indicative of stage IV disease
- Biopsy of the liver lesion shows adenocarcinoma consistent with primary lung malignancy
 - No targetable mutations are identified on next generation sequencing
 - PD-L1 tumor proportion score = 60%
- Creatinine clearance is 40 mL/min (moderate impairment)
- Treatment plan is for nivolumab. How should it be dosed?

Approved Adult Dosing Regimens

Drug	IV Dose	Infusion Time (minutes)
Nivolumab*	240 mg every 2 weeks or 480 mg every 4 weeks	30 for both
Pembrolizumab	200 mg every 3 weeks	30
Atezolizumab	1200 mg every 3 weeks	60 for first infusion then 30 subsequently
Avelumab	10 mg/kg every 2 weeks	60
Durvalumab	10 mg/kg every 2 weeks	60

^{*} FDA-approved dosing for single agent treatment only.

FDA-approved prescribing information for each agent

Renal and Hepatic Dosing

Generally determined based on population PK studies

Drug	Renal Dosing Pharmacokinetic (PK) impact <20-30%	Hepatic Dosing Proteolytic degradation
Nivolumab	No change for mild, moderate or severe impairment	No change for mild impairment
Pembrolizumab	No change for mild, moderate or severe impairment	No change for mild impairment
Atezolizumab	No change for mild or moderate impairment	No change for mild impairment
Avelumab	No change for mild, moderate or severe impairment	No change for mild or moderate impairment
Durvalumab	No change for mild or moderate impairment	No change for mild impairment
FDA-approved prescribing information for each ago		

Nivolumab Dose Approval

3 mg/kg over 60 min every 2 weeks

240 mg flat dose over 60 min every 2 weeks

480 mg flat dose over 30 min every 4 weeks

Dose exposure PK and safety studies

3/6/2018: supplemental Biologics
License Application (sBLA)
approved by FDA for flat dose over
30 minutes every 4 weeks based on
analysis using model-based
exposure-response

PK: pharmacokinetics

Sheng J et al. *J Clin Pharmacol*. 2017; 57(Suppl 10):S26-S42. Waterhouse D et al. *Cancer Chemother Pharmacol*. 2018; 81:679-86.

Pembrolizumab Flat Dosing

- Pembrolizumab was dosed at 0.005 to 10 mg/kg in clinical trials with no MTD determined
 - 2 mg/kg every 3 weeks chosen for KEYNOTE-001 registration trial
 - Similar exposure was seen for this dose and 200 mg flat dosing every 3 weeks
- Budget impact analysis (first-line setting total annual cost in U.S. dollars based on Medicare average sales price):

Fixed dose: \$3.4 billion

- Weight-based dose: \$2.6 billion

24% annual saving with weight-based dosing in U.S.

MTD=maximum tolerated dose

Sheng J et al. *J Clin Pharmacol*. 2017; 57(Suppl 10):S26-S42. Goldstein DA et al. *J Clin Oncol*. 2017; 35(15 suppl):9013. Available at: http://ascopubs.org/doi/abs/10.1200/JCO.2017.35.15 suppl.9013.

Combination Dosing for Melanoma Checkmate 511 High-Dose vs Low-Dose Ipilimumab

	G3/4 AE %	% CR	% PR	% SD	% PD	ORR
NIVO 3mg/kg + IPI 1 mg/kg	33.3	15	30.6	11.7	34.4	45.6
NIVO 1mg/kg + IPI 3 mg/kg	48.3	13.5	37.1	11.8	26.4	50.6

Lebbe C et al. ESMO 2018. Abstract LBA47.

Case Presentation 1: LR

- LR is a 64-year-old female who began experiencing a persistent cough with intermittent hemoptysis
 - Chest CT showed a right upper lobe (RUL) lung lesion and masses involving the liver and right adrenal gland indicative of stage IV disease
- Biopsy of the liver lesion shows adenocarcinoma consistent with primary lung malignancy
 - No targetable mutations are identified on next generation sequencing
 - PD-L1 tumor proportion score = 60%
- Creatinine clearance is 40 mL/min (moderate impairment)
- Treatment plan is for nivolumab. How should it be dosed?

Should the nivolumab dosage be reduced in patients with moderate renal dysfunction?



- a. Yes, by 25%
- b. Yes, by 50%
- c. No, dose reduction is not required
- d. Nivolumab should not be given to patients with moderate renal dysfunction



Which of the following is the best dosing regimen for nivolumab in this patient at this time?

- a. 3 mg/kg IV over 60 min every 2 weeks
- b. 200 mg IV over 30 min every 3 weeks
- c. 240 mg IV over 30 min every 2 weeks
- d. 480 mg IV over 30 min every 4 weeks

Combination Ipilimumab and Nivolumab Dosing

FDA approved combination dosing for metastatic melanoma:

Nivolumab 1 mg/kg followed by ipilimumab 3 mg/kg on the same day, every 3 weeks x 4 doses



Nivolumab 240 mg IV every 2 weeks or Nivolumab 480 mg IV every 3 weeks

- NCT 02714218 enrolling to assess different doses:
 - Nivolumab 3 mg/kg + Ipilimumab 1 mg/kg
 - Nivolumab 1 mg/kg + Ipilimumab 3 mg/kg
 - Nivolumab 6 mg/kg + Ipilimumab 1 mg/kg

Evolving Biomarkers and Companion Diagnostic Testing

Christine M. Walko, Pharm.D., BCOP, FCCP

Biomarkers for Response to Immune Checkpoint Inhibitors

- Microsatellite instability
- Tumor mutation burden
- PD-L1 status
- Investigational
 - Tumor infiltrating lymphocytes (TIL)
 - DNA repair deficiency and ARID1A mutations
 - HLA class 1 genotype

Nishino M et al. Nat Rev Clin Oncol. 2017; 14(11):655-68.

Microsatellite Instability (MSI)

- DNA mismatch repair (MMR) enzymes correct errors that occur during normal DNA replication
- Inactivation of these MMR enzymes results in more errors and the development of microsatellite fragments
 - Inactivation of MLH1, MSH2, MSH6, and/or PMS2
 - Can be germline or somatic (just occurring in the tumor)
- Frequency in solid tumors:

- Colorectal cancer: 15%

Endometrial cancer: 22-33%Other tumors: 5% or less

Correlated with increased number of mutations

Keytruda (pembrolizumab) prescribing information, 2018 Oct.; Gatalica Z et al. Fam Cancer. 2016; 15:405-12.

Current MSI-High Approvals

Pembrolizumab

- Treatment of adult and pediatric patients with unresectable or metastatic MSI-high or MMR deficient:
 - Solid tumors following prior therapy with no satisfactory alternatives
 - Colorectal cancer following prior therapy with fluoropyrimidine, oxaliplatin, and irinotecan
 - Not yet established for pediatric patients with MSI-high central nervous system (CNS) tumors
- Data from 5 trials (n=149)
 - Objective response rate 39.6%
 - 11 complete responses
 - 48 partial responses

Nivolumab

- Treatment of adult and pediatric patients with unresectable or metastatic MSI-high or MMR deficient:
 - Colorectal cancer following prior therapy with fluoropyrimidine, oxaliplatin, and irinotecan
- CheckMate 142 study (n=74)
 - Objective response 31.1%
 - Disease control for ≥ 12 weeks:
 69%

Keytruda (pembrolizumab) prescribing information, 2018 Oct. Opdivo (nivolumab) prescribing information, 2018 Aug.

Overman MJ et al. *Lancet*, 2017: 18:1182-91.

Mutation Load and Immunotherapy

Biomarker Findings

Tumor Mutational Burden - TMB-High (25 Muts/Mb) Microsatellite Status - MS-Stable

- Mutation burden indicates the number of non-synonymous mutations reported per megabase (Mb)
 - Cancers secondary to environmental exposures (UV light, cigarette smoking) or certain
 DNA damage deficiencies have higher mutation burdens
 - Correlation with neoantigens: novel antigens that can be recognized as non-self and enhance T-cell activation
- Improved median progression free survival (mPFS) in lung cancer patients with high mutation burden, irrespective of PD-L1 status

Nishino M et al. Nat Rev Clin Oncol. 2017; 14(11):655-68.

Case Presentation 2: LC

- LC is a 78-year-old female former light smoker who began experiencing persistent cough and intermittent abdominal pain
- Chest CT showed a right upper lobe (RUL) lung lesion and masses involving the liver and right adrenal gland
- Biopsy of the RUL lesion showed adenocarcinoma consistent with primary lung malignancy
 - EGFR, ALK, ROS1, BRAF, MET, and RET all negative

PD-L1 IMMUNOHISTOCHEMISTRY (IHC) ANALYSIS (Dako 22C3 pharmDx™)
Tumor Proportion Score (TPS) (%) 70

• Can this patient be treated with first-line single agent pembrolizumab?

CT=computerized tomography

EGFR, ALK, ROS1, BRAF, MET, and RET refer to specific gene rearrangements that have been linked to lung cancer.

PD-L1 Biomarker Diagnostic Tests

Companion Diagnostic

- In vitro diagnostic device that provides information essential for the safe and effective use of the associated drug
- PD-L1 IHC 22C3 pharmDx in NSCLC patients receiving pembrolizumab
 - Determines a Tumor Proportion Score (TPS)
 - – ≥ 50% for first-line metastatic treatment
 - > 1% for treatment following progression on platinum-based therapy

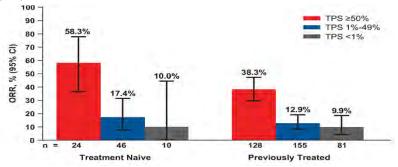
Complementary Diagnostic

- Improves the risk/benefit ratio of a specific drug but does not restrict access to the drug based on presence of the biomarker
- PD-L1 IHC 28-8 test for nivolumab in patients with melanoma and NSCLC
- VENTANA PD-L1 (SP142) Assay for atezolizumab in patients with NSCLC
 - PD-L1 membrane staining of any intensity in ≥ 50% of tumor cells or tumor infiltrating immune cells covering ≥ 10% in the NSCLC was associated with improved overall survival

Scheerens H et al. Clin Transl Sci. 2017; 10:84-92.

Response and PD-L1 Expression: Non-Small Cell Lung Cancer (NSCLC)

- KEYNOTE-001 trial subset: NSCLC
 - 495 patients with advanced NSCLC treated with one of 3 different regimens of pembrolizumab
 - PD-L1 expression assessed in tumor samples by immunohistochemistry (IHC) and reported as a tumor proportion score (TPS)



ORR=objective response rate

Garon EB et al. *N Engl J Med*. 2015; 372:2018-28. Hui R et al. *J Clin Oncol*. 2016; 33(suppl): Abstract 9026.

PD-L1 Expression

Benefits

- Immunohistochemical (IHC) testing is available and has correlated with response to PD-1 inhibitors in a variety of tumor types
- Response rate across tumor types:
 - PD-L1 positive tumors: 48%
 - PD-L1 negative tumors: 15%
 - Correlation with progression free and overall survival is still being assessed
- PD-L1 can be used to prioritize treatment options

Snyder A et al. *N Engl J Med*. 2014; 371:2189-99. Rizvi NA et al. *Science*. 2015; 348:124-8.

Challenges

- PD-L1 expression can vary over time and between tumor sites
- PD-L1 can be located on the cell membrane (clinically relevant) or cytoplasm
- Different tests may produce different results because antibodies have different affinities and specificities
- Different specimen handling techniques may decrease sensitivity
- Unclear threshold values across tests, malignancies, and PD-1 inhibitors

Topalian SL et al. Nat Rev Cancer. 2016; 16:275-87.

Does LC qualify for first-line pembrolizumab based on her PD-L1 TPS of 70%?



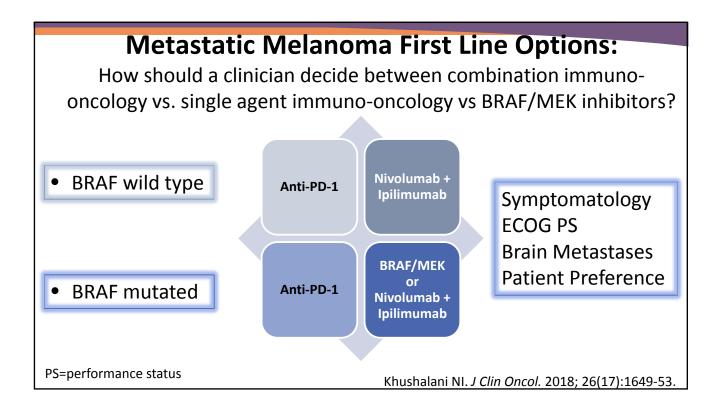
- a. Yes, first-line pembrolizumab is indicated
- b. No, first-line pembrolizumab is not indicated
- c. Pembrolizumab is not approved for firstline therapy for NSCLC
- d. Pembrolizumab is not approved for any line of therapy for NSCLC

Biomarker Future Directions

- Given the high cost and toxicity of immunotherapy agents, robust biomarkers will be helpful for optimizing therapy selection and sequencing
- Several trials have shown an association between number of somatic mutations in a tumor and response to immunotherapy
 - Ongoing trials are needed to determine threshold values
 - Differences between tumor types?
- PD-L1 expression has correlated with outcomes but responses are still seen in PD-L1 negative patients
 - Standardized assays with consistent threshold values
 - Consideration of differences between cancer types and PD-1 vs. PD-L1 inhibitors

Patient Cases and Initiating and Monitoring Immune Checkpoint Inhibitors

Ragini R. Kudchadkar, M.D.



Case Presentation 3 - SS

54-year-old Caucasian male with no other past medical history presents with newly diagnosed Stage IV melanoma with metastases to the liver, lung, and brain

He elects to proceed with ipilimumab 3 mg/kg + nivolumab 1 mg/kg

Which of the following is appropriate in pre-treatment counseling?

- Rates of autoimmune toxicity are higher than with single agent PD1 treatment
- Patients ,ay experience more than one autoimmune toxicity
- 20% of patients are hospitalized due to side effects
- Must complete all four doses to get benefit

Pre- and On-treatment Requirements

- Labs
 - How often?
 - Which labs are required?
 - Which labs are helpful?
- Diagnostic Studies
 - Staging imaging
 - Echo?

Case Presentation 4 - RW

67-year-old female with history of Rheumatoid Arthritis on Prednisone 10 mg orally daily has and newly diagnosed Stage IV BRAF WT melanoma with metastasis to the lungs.

Case Discussion 4-RW

- How do you counsel patients with autoimmune disease starting immunooncology therapy?
- Can you treat patients on chronic immunosuppression?
- What are the benefits of immuno-oncology therapy in this population?

Autoimmune Disorders Background

- There are more than 80 distinct autoimmune disorders:
 - 3-8% of the U.S. population estimated to have an autoimmune disorder
- Lifetime risk of inflammatory autoimmune disease is estimated to be 1:12 for women and 1:20 for men in the year before a cancer diagnosis
- Immunotherapy clinical trials did not include these patients

Donia M et al. *Semin Immunopathol*. 2017; 39:333-7. Edwards BK et al. *Cancer*. 2014; 120:1290-315. Crowson CS et al. *Arthritis Rheum*. 2011; 63:633-9.

Ipilimumab in Autoimmune Disease

- Retrospective review of 30 patients (advanced melanoma and preexisting autoimmune disorders) treated with **ipilimumab**
 - Rheumatoid arthritis (n=6)
 - Psoriasis (n=5)
 - Inflammatory bowel disease, lupus, multiple sclerosis, or thyroiditis (n=2 for each) and other (n=7)
- 43% were receiving autoimmune therapy concurrently
- 27% had autoimmune exacerbations necessitating steroid therapy
- 50% had no autoimmune flare or immune-related adverse events
- Overall response = 20% (1 patient with durable CR)

Johnson DB et al. JAMA Oncol. 2016; 2(2):234-40.

PD-1 Inhibitors in Autoimmune Disease

- Retrospective trial of 52 melanoma patients with preexisting autoimmune disorders treated with PD-1 inhibitors
 - Response rate = 33%
 - Flare requiring immunosuppression = 38%
 - Rheumatoid arthritis, polymyalgia rheumatica, Sjogren's syndrome, psoriasis, and immune thrombocytopenic purpura
 - No flare was seen in patients with gastrointestinal (n=6) or neurological (n=5) disorders
 - Discontinuation due to flare = 2 patients

Menzies AM et al. Ann Oncol. 2017; 28(2):368-76.

REISAMIC Registry Trial

- Registry of grade > 2 immune-related adverse effects (irAE) in patients treated with anti-PD-1 antibodies
- 45 patients with a total of 53 preexisting autoimmune or inflammatory diseases were identified in the registry
 - Vitiligo (n = 17)
 - Psoriasis (n = 12)
 - Thyroiditis (n = 7)

Danlos FX et al. Eur J Cancer. 2018; 91:21-9.

REISAMIC Registry Trial Results

- Most patients had melanoma (n = 36) or NSCLC (n = 6)
- At least one irAE was seen in 44.4% (n = 20) of patients
 - 11 were associated with a preexisting autoimmune disease flare
 - 15 of the 20 patients were able to continue treatment with the anti-PD-1 antibody
 - No difference in objective response or overall survival was seen

Danlos FX et al. Eur J Cancer. 2018; 91:21-9.

Immuno-oncology in patients with preexisting autoimmune disease

- Risk vs benefit ratio: Yes in metastatic, probably no in adjuvant
- Single agent appears "relatively" safe
- Minimal data with combination therapy (CTLA4/PD1 inhibitor) – likely higher risk of flare

Danlos FX et al. Eur J Cancer. 2018; 91:21-9.

Immuno-oncology Toxicity Recognition and Management

Ragini R. Kudchadkar, M.D.

Immune-Related Adverse Events (irAEs)

Toxicity	Clinical Effects	All grades (grade 3/4)	Time Frame
Skin	Rash, vitiligo, pruritus	47-68% (0-4%)	2-3 weeks
Gastrointestinal (GI)	Diarrhea, colitis	31-46% (8-23%)	6-7 weeks
Liver	Elevated enzymes, bilirubin, hepatitis	3-9% (3-7%)	6-7 weeks
Endocrine	Hypophysitis, hypothyroidism	4-6% (1-5%)	After 9 weeks

Overall Grade 3/4:

Ipilimumab 3 mg/kg 20-30% Ipilimumab 10 mg/kg 50% Nivolumab or pembrolizumab 10-15% Ipilimumab 3 mg/kg + nivolumab 1 mg/kg 50%

Weber JS et al. J Clin Oncol. 2012; 30:2691-7.

ASCO Guidelines: Management of Immune-Related Adverse Events in Patients Treated with Immune Checkpoint Inhibitors

- Purpose: To increase awareness, outline strategies and offer guidance on the recommended management of immune-related adverse effects (irAEs) in patient treated with immune checkpoint inhibitors (ICPi)
- Interprofessional panel across medical specialties
- Systematic review of 204 publications from 2000 to 2017

ASCO=American Society of Clinical Oncology Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Events in Patients Treated with Immune Checkpoint Inhibitors

- Skin toxicities
 - Rash
 - Bullous dermatoses
 - Severe cutaneous adverse reactions
- Gastrointestinal toxicities
 - Colitis
 - Hepatitis
- Lung toxicities
 - Pneumonitis

- Endocrine toxicities
 - Primary hypothyroidism
 - Hyperthyroidism
 - Primary adrenal insufficiency
 - Hypophysitis
 - Diabetes mellitus

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Management of Immune-Related Adverse Events in Patients Treated with Immune Checkpoint Inhibitors

- Musculoskeletal toxicities
- Renal toxicities
- Nervous system toxicities
- Hematologic toxicities
- Cardiovascular toxicities
 - Myocarditis, arrhythmias, heart failure, vasculitis
 - Venous thromboembolism
- Ocular toxicities

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Endocrine irAEs Overview

- 37 year-old Caucasian female with Stage IIIC resected melanoma s/p 3 doses of adjuvant ipilimumab 10 mg/kg presents with severe headaches
- 65 year-old Caucasian male with Stage IV melanoma s/p 2 doses of ipilimumab 3 mg/kg + nivolumab 1 mg/kg presents with severe fatigue, polyuria/polydipsia
- 61 year-old Caucasian male with Stage IV melanoma s/p 3 doses of ipilimumab 3 mg/kg + nivolumab 1 mg/kg presents with SOB and palpitations
- 30 year-old Caucasian female with Stage IV melanoma s/p 4 doses of pembrolizumab presents with low TSH, high T4 on routine labs
- 50 year-old Caucasian male with Stage IIIC resected melanoma on adjuvant trial of ipilimumab vs. nivolumab presents with fatigue

s/p=status post, SOB=shortness of breath

Case Presentation 5: CM

(Endocrine Toxicity Management)

- CM is a 52-year-old male with PMH of type 2 diabetes mellitus.
- He is found to have a palpable axillary mass and ultimately diagnosed with stage IIIB melanoma and is started on nivolumab 3 mg/kg.
 - Week 2 of therapy he reports 1 week of low grade fever (100 °F) and body aches.
 - The heart monitor on his watch has shown his resting heart rate to be 80-90's when it's usually in the 60's
 - He also has been experiencing fatigue (but still going to work) as well as queasiness but eating okay
 - Current temp is 36.8 °C, BP 113/72 mmHg, HR 99 BPM, and RR 18
 - Exam shows tachycardia but otherwise unremarkable

Case Presentation 5: CM

(Endocrine Toxicity Management)

- Lab work
 - Na 138 mmol/L, K 4.7 mmol/L, CO₂ 23, Glucose 270 mg/dL, SCr 0.86 mg/dL,
 - Total bilirubin 1.1 mg/dL, AST 153 U/L, ALT 96 U/L, LDH 210 U/L
 - Cortisol 4.9 mcg/dL, ACTH less than 5 pg/mL(1300 draw)
 - TSH 0.03 mIU/L, Free T4 greater than 5.5 ng/dL, T3 670 ng/dL
- Diagnosis?
 - Thyrotoxicosis
 - Grade 1 hepatitis
 - Type 1 Diabetes mellitus

TSH=thyroid stimulating hormone, T4=thyroxine, T3=triiodothyronine, ACTH=adrenocorticotropic hormone, SCr = serum creatinine

Endocrine irAEs Overview

- Hyperthyroidism, hypothyroidism, hypopituitarism, type 1 diabetes mellitus
- Measure TSH, free T4, ACTH, cortisol
- FSH, LH, and testosterone
- Consider ACTH stimulation studies
- Can you give immunotherapy when endocrinopathies develop?

TSH=thyroid stimulating hormone, T4=thyroxine, ACTH=adrenocorticotropic hormone, FSH=follicle stimulating hormone, LH=luteinizing hormone

Hypothyroidism (Highlights)

Grading (CTCAE)	Management
G1: TSH < 10 mIU/L and asymptomatic	Continue ICPi with monitoring of TSH and free T4
G2: Moderate symptoms, TSH persistently > 10 mIU/L	 May withhold ICPi until symptoms resolve to baseline Consider endocrine consult Thyroid supplementation in symptomatic patients with TSH levels > 10 mIU/L, monitor every 6-8 weeks while titrating
G3-4: Severe symptoms, life threatening consequences	 withhold ICPi until symptoms resolve to baseline with appropriate thyroid supplementation Endocrine consultation May admit for IV therapy if bradycardia and/or hyperthermia All of the above from G2

CTCAE=Common Terminology Criteria for Adverse Events

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Case Presentation 5: CM

(Endocrine Toxicity Management)

- Labs take a few hours Do you treat while waiting?
- Management of Endocrinopathies
 - Remember endocrinopathies are permanent
 - Beta Blockade
 - Consider Methimazole
 - Endocrinologists are my new best friend!
 - Complete pituitary panel AM ACTH, Cortisol, LH, FSH, Prolactin, Testosterone (wnl)
 - TSH Receptor Ab less than 0.90 IU/mL (wnl)
 - Thyroid Stimulating Immunoglobulin 97% (wnl)
 - Glutamic Acid Decarboxylase Antibody 5.9 nmol/L (high)
 - Islet Cell Antibody IgG wnl
 - · Started on Insulin
 - Long term, will develop hypothyroidism and require long-term thyroid hormone replacement

Comparison of Endocrine irAEs

- Meta-analysis of 38 randomized clinical trials with a total of 7551 patients
 - PD-1 inhibitor monotherapy
 - PD-L1 inhibitor monotherapy
 - CTLA-4 inhibitor monotherapy (ipilimumab)
 - Combination PD-1 and CTLA-4 inhibitors
- Results
 - Combination therapy had the highest rate of hypothyroidism (OR 3.81, p<0.001) and hyperthyroidism (OR 4.27, p=0.001) compared with ipilimumab alone
 - PD-1 inhibitor-treated patients had a higher risk of developing hypothyroidism (OR 1.89, p<0.03) compared with ipilimumab
 - Risk of hyperthyroidism (not hypothyroidism) was higher with PD-1 inhibitors compared with PD-L1 inhibitors (OR 5.36, p=0.002)
 - Hypophysitis was more common with ipilimumab than PD-1 inhibitors

OR= Odds ratio Barroso-Sousa R et al. *JAMA Oncol*. 2017; published online 9/28/2017.

Gastrointestinal irAEs Overview

- Although colitis is mostly discussed, can occur anywhere in GI tract (mucositis, enteritis)
- With single-agent immunotherapy, most commonly seen about 6-8 weeks after start of treatment
- Can be seen after any dose of immunotherapy
- Case reports of colitis after being off immunotherapy for 3-6 months
- Timing altered by combination CTLA-4 and PD-1 blockade
- Rarely seen in patient on maintenance immunotherapy (after more than 6 doses)

Weber JS et al. J Clin Oncol. 2012; 30:2691-7.

Case Presentation 6: RR

37-year-old Caucasian male with Stage IV melanoma from unknown primary source to the brain and lungs.

7/2017 Dose 1 Ipilimumab 3 mg/kg + Nivolumab 1 mg/kg

8/2017 Presents for dose 2 c/o

- One week ago had one day of 6 loose stools, took loperamide and experienced improvement
- Now having 3 loose stools daily, mostly after meals, using loperamide prn
- > Patient appears well vital signs stable, lab work wnl

Case Discussion 6: RR

What do you do next?

- a. Proceed with dose 2, no new interventions
- b. Delay dose 2
- c. Start steroids for colitis
- d. Give dose of infliximab
- e. Consider use of budesonide
- f. Any or all of above?

Case Discussion 6: RR- What did I do?

- Withheld dose, reevaluated after one week
- Started budesonide
- Note differences between extended-release budesonide tablets (Uceris®) and enteric-coated budesonide capsules (Entocort capsules®) in absorption – better colonic absorption with extended-release budesonide tablets (Uceris®)
- Reevaluation in one week:
 - Unable to obtain extended-release budesonide tablets (Uceris®) due to insurance
 - 8-10 loose stools per day
 - Labs, vital signs stable

Case Presentation 6: RR (continued)

(Gastrointestinal Toxicity Management)

- RR does well and after 1 week of oral prednisone
 80 mg/day is now having formed stools and 2-3
 bowel movements per day.
- How should the prednisone be tapered?

Case Presentation 6: RR (continued)

(Gastrointestinal Toxicity Management)

- RR does well until decreasing to prednisone 40mg per day.
 - He calls the clinic with increasing diarrhea at 6-8 loose stools per day

What do you do next?

- a. Increase prednisone to 1mg/kg/day (80mg/day), resume taper when stools are formed.
- b. Continue 40 mg/day of prednisone and bring him in for infliximab 5mg/kg IV.
- c. Increase prednisone to 60 mg/day (the lowest dosage recently associated with formed stools).

Case Presentation 6: RR (continued)

(Gastrointestinal Toxicity Management)

- RR is increased to prednisone 60mg per day and given 1 dose of infliximab with full resolution of symptoms.
 - Tapered off corticosteroids over 1 month
 - Scans show a partial response

How do you proceed with future treatment?

- a. Complete the rest of induction therapy with ipilimumab and nivolumab?
- b. Discontinue nivolumab and ipilimumab?
- c. Start maintenance nivolumab at 3mg/kg?

Colitis (highlights)

Grading (CTCAE)	Management
G1: Increase of < 4 stools /day or mild increase in ostomy output	May continue ICPi or withhold until < G1Monitor dehydration
G2: Increase of 4-6 stools/day, moderate increase in ostomy output	 Withhold ICPi until ≤ G1 (may permanently d/c CLTA-4 inhibitors) Consult with Gastroenterology, consider EGD/colonoscopy to stratify for infliximab Initiate prednisone 1 mg/kg/day PO, taper over 4-6 weeks when ≤ G1
G3: Increase of ≥ 7 stools/day, incontinence, severe ostomy output, hospitalization needed	 As above for G3, with hospitalization for electrolyte replacement If symptoms ≥ 3-5 days or recur after improvement, consider IV methylprednisolone or infliximab
G4: Life threatening consequences	 Permanently discontinue ICPi Methylprednisolone 1-2 mg/kg/day IV Infliximab 5-10 mg/kg IV if refractory after 2-3 days

EGD=esophagogastroduodenoscopy

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Case Presentation 7: MR

- 33-year-old female is on adjuvant nivolumab for resected Stage III melanoma
- At her 1-month visit, reports pruritus. Exam is normal without rash
 - Do you continue with next cycle of treatment?
 - Recommendations?
 - Antihistamines, moisturizers, avoid hot showers
- Returns after cycle 2
 - Now what? Retreat?
 - Topical prescription steroids
 - Usually can continue immunotherapy tx





Dermatologic Side Effects

- Most common adverse event
 - Mostly low grade
 - Rash, pruritus, and vitiligo
 - Most resolve with symptomatic therapy: moisturizers, diphenhydramine, hydroxyzine
 - Topical prescription steroids okay
 - Oral corticosteroids for more severe cases (can try short course, but flare possible)
 - Case reports of Mu-Opioid Receptor Antagonist (naloxone)
 - T-cell infiltrate seen on biopsy specimens of the skin

Hodi. ASCO. 2008 (abstr 3008); Beck. J Clin Oncol. 2006; 24:2283. Attia. J Clin Oncol. 2005; 23:6043. Kwatra. N Engl J Med. 2018; 379:1578-79.

Rash/Inflammatory Dermatitis

Grading (CTCAE)	Management
G1: No affects on QOL or controlled with topical or oral antipruritic	 Topical emollients and/or mild/moderate potency topical corticosteroids Avoid irritants and sun exposure
G2: Effects QOL and requires intervention	 Consider withholding ICPi Consider prednisone (or equivalent) 1 mg/kg orally tapering over at least 4 weeks Topical emollients and/or moderate/high topical corticosteroids
G3: G2 but failure to respond to G2 interventions	 Withhold ICPi and consult dermatology Methylprednisolone 1-2 mg/kg IV, taper over ≥ 4 weeks Topical emollients and high topical corticosteroids
G4: All severe rashes not manageable with prior interventions and intolerable	 Withhold ICPi, consult dermatology, admit patient Methylprednisolone 1-2 mg/kg IV, slow taper when toxicity resolves Consider permanent discontinuation if other options

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Does occurrence of adverse effects correlate with treatment outcomes?

- Retrospective trial of 298 patients with metastatic melanoma treated with ipilimumab 3 mg/kg at Memorial Sloan Kettering Cancer Center
- Immune-related adverse events
 - 19% discontinued treatment (most common: diarrhea)
 - 35% of patients required corticosteroids
 - 10% of patients required infliximab
- Overall survival and time to treatment failure were not associated with immune-related adverse events or treatment with corticosteroids
 Horvat TZ et al. J Clin Oncol. 2015; 33:3193-8.

Immunotherapy ir AE Summary

- Importance of patient education
- Clinicians should maintain high index of suspicion for immunotherapy as cause of new side effects
- Dose adjustments are not recommended after restarting therapy following toxicity

Grading (CTCAE)	Management
Grade 1	 Continue ICPi therapy with close monitoring Exceptions: neurologic, hematologic and cardiac toxicities
Grade 2	 Withhold ICPi for most toxicities, resume when resolved to ≤ G1 Prednisone 0.5-1 mg/kg/day orally or equivalent may be administered
Grade 3	 Withhold ICPi for G3 toxicities Start prednisone 1-2 mg/kg/day orally or methylprednisolone IV 1-2 mg/kg/day with taper over ≥ 4-6 weeks If no improvement after 48-72 hours, then consider infliximab
Grade 4	Generally warrant permanent ICPi discontinuation (except for endocrine therapy controlled by hormonal replacement)

Brahmer JR et al. J Clin Oncol. 2018; 36(17):1714-68.

Pearls in Managing irAEs

- Patient education is needed for early recognition of irAEs
- Nonspecific complaints might reflect endocrine (pituitary) toxicity
- Corticosteroids are effective do not taper too quickly
- Consider infliximab or mycophenolate mofetil (MMF) in refractory cases
- Combination immunotherapies are associated with higher toxicity rates than single agent immunotherapy, but similar types of toxicities are seen
- Watch out for multiple irAEs in one patient, especially on combination (CTLA-4/PD-1 inhibitor) therapy
- Onset of irAEs in combination immunotherapy may be earlier than typically seen with single agent immunotherapy
- Consider prophylaxis if prolonged corticosteroids are required

Which of these practice changes will you consider making?

- Describe the components of the normal human immune system and explain the mechanisms of action behind immune checkpoint inhibitors in cancer.
- Review the role of different companion diagnostic tests and interpret PD-L1 test results as they relate to selection of immune checkpoint inhibitor therapy
- Read the current protocols for the use of immunotherapy at my institution.
- Review current immunotherapy approvals and their place in therapy.
- Recognize the adverse effects associated with immunotherapy.
- Discuss with colleagues potential strategies for managing the adverse effects associated with immunotherapy (toxicity management).

Key Takeaways

- Key Takeaway #1
 - The role of immunotherapy in both solid tumors and hematologic malignancies continues to evolve rapidly
- Key Takeaway #2
 - Continued research into predictive biomarkers, such as PD-L1 expression, MSI status and mutation burden, is needed to balance clinical benefit and toxicity from immunotherapy
- Key Takeaway #3
 - Immune-related toxicities are unique to these agents and require rapid recognition and treatment commonly involving corticosteroids

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About the Faculty



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She has researched and published extensively in oncology therapy and has presented nationally and internationally on oncology and pharmacogenomics and other topics related to treating patients with cancer.



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Dr. Kudchadkar completed her Bachelor of Science degree in Neuroscience and Behavioral Biology and her Doctor of Medicine degree from Emory University. After completing her Internal Medicine residency at Emory University she completed her Hematology and Medical Oncology Fellowship at the University of Colorado Health Sciences Center in Denver, Colorado.

Dr. Kudchadkar is a cutaneous oncologist specializing in drug development and clinical trials primarily for melanoma. Her other interests include how current melanoma therapies affect the natural immune function both in T-cells and B-cells. She is also interested in exploring new treatments for rare cutaneous disease such as advanced basal cell carcinoma, merkel cell carcinoma, and squamous cell carcinoma.

Dr. Kudchadkar is a member of the American Society of Clinical Oncology, the Society for Melanoma Research, and the American Association for Cancer Research. She has served on the National Comprehensive Cancer Network Melanoma guidelines committee. She has authored numerous book chapters, review articles, and peer-reviewed papers as well as presented nationally in melanoma and immunotherapy.

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