ashp | New Practitioners Forum

Finding Your Best Fit Residency

The purpose of this worksheet is to provide additional insight and support for your decision-making process as you compare residency programs of interest.

Directions: Fill out one worksheet for each residency program you are interested in. First, take time to think about what you generally want out of a residency program and what is most important to you. List the priority of the Program Components from 1-5 (**5 being highest priority**). To assess a specific program, make notes for each component and assign a score based upon how well it aligns with your preferences, again from 1-5 (**5 being closest fit**). Score each component by **multiplying** the priority number by the fit number to get a score between 1 and 25 for each component. Add up the total scores in the right column to get an ultimate score for the program.

Residency Program Name:

Program Component	Considerations	Notes	Component Priority (1-5)	Level of Fit (1-5)	Total Score (1-25)
Quality of Life	- Duty hours - Weekends - Projects - How does the program promote wellness? - PTO (# and how they are split i.e. vacation vs. sick, conference days included?) - Culture of program (i.e. collaborative nature of pharmacy and other staff)		____ X	___ =	____
Clinical Rotations	- Area of interest - Clinical vs administrative - Ability to go off-site - Flexibility (required vs elective opportunities)		____ X	___ =	____
Preceptors	- Residency training - % board certified - Background - Mentorship opportunities		____ X	___ =	____
Past Resident Success	- Job placements - Resident retention - PGY-2 placements - Board certification pass rates		____ X	___ =	____
PGY-2 in Desired Specialty	- PGY-2 placements - Offers early commitment		____ X	___ =	____

Category	Considerations	Notes	Weight		Score
Hospital Size and Type	- Number of beds - Acuity - Academic, critical access, government, community practice		____ X	___ =	____
Hospital Location	- Distance/commute - Urban/Rural - Parking availability - Cost of living		____ X	___ =	____
Co-Residents	- Number of co-residents - Friends - Interaction between residents - Support		____ X	___ =	____
Diversity, Equity, Inclusion	- Advocacy and training - Institution commitment to resolving disparities - Diverse practitioners, patient population		____ X	___ =	____
Staffing	- Weekends - On-Call - Staffing support - Type of staffing (e.g., clinical, operational)		____ X	___ =	____
Stipend	- Amount - Benefits - Professional meetings support - Cost of living		____ X	___ =	____
Amenities	- Dedicated office space - Is a work laptop provided, double screen computer?		____ X	___ =	____
Research	- Statistician support - Data collection tools/reports available - Have past residents published projects? - Model of research, standard or flipped?		____ X	___ =	____
Technology	- Remote access capability - Electronic medical record system used - Drug information resource access		____ X	___ =	____
General Impression	- Impression from interactions, e-mails, midyear, PPS, etc.		__5__ X	___ =	____
				Total Score: _____	